

Module 1

Subject: PE
Topic Title: Demonstrating Personal Improvement
Brief Summary of Content Studied: Performers strive to adapt and refine their skills in a range of sporting or fitness scenarios in order to achieve personal development or meet individual goals.
Knowledge Organiser: https://docs.google.com/presentation/d/1bHKnxMriIhzbwqmPCXtq4zqZFZDDp63VTbRwa3W1zOY/e_dii#slide=id.p

Module 2

Subject: PE
Topic Title: Developing Skills and Techniques in Sport (Goal Setting)
Brief Summary of Content Studied: Pupils set personal and targets/goals within their sport and implement practices to refine and improve their skills and techniques.
Knowledge Organiser: https://docs.google.com/presentation/d/1J93nwJLWtTM7SyaDs4EFpGISr5UVwibB2Mw-tXzA75w/edit#slide=id.p

Module 3

Subject: PE
Topic Title: Aesthetic Appreciation
Brief Summary of Content Studied: Pupils explore creativity in sport and its impact on the performer and audience.

Module 4

Subject: PE
Topic Title: Tactics and Strategies Winter Sports
Brief Summary of Content Studied: To explore offensive and defensive movements and responsibilities of participants in different sports.

Module 5

Subject: PE
Topic Title: Tactics and Strategies Summer Sports
Brief Summary of Content Studied: To explore the different factors in sport that need to be considered and implemented to allow teams to function efficiently and effectively.

Module 6

Subject: PE