

GCSE PE

Module 1

Topic Title: Socio-cultural influences and wellbeing in physical activity and Sport Paper 2 Completion of C/W

Brief Summary of Content Studied: Commercialisation of physical activity and sport. Drugs in sport

Knowledge Organiser:

<https://docs.google.com/presentation/d/118muU7uWZs8Tw2s-7ZgN3OGeufK6YCeE/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk

Module 2

Topic Title: Socio-cultural influences and wellbeing in physical activity and Sport Paper 2 Completion of C/W

Brief Summary of Content Studied: Health, fitness and wellbeing

Knowledge Organiser:

https://docs.google.com/presentation/d/1HAFjhE-ixLH1Am_aDk0h_FvhKmNZxt9c/edit#slide=id.p1

Other resources and reading:

www.cpgbooks.co.uk

Module 3

Topic Title: Socio-cultural influences and wellbeing in physical activity and Sport Paper 2

Brief Summary of Content Studied: Energy use, diet nutrition and hydration

Knowledge Organiser:

https://docs.google.com/presentation/d/1H_TOLPrKjhms1kJi2OGLmxHoZbUdxu_T/edit#slide=id.p

Other resources and reading:

www.cpgbooks.co.uk

GCSE PE

Module 4

Topic Title: Socio-cultural influences and wellbeing in physical activity and Sport Paper 2

Brief Summary of Content Studied: Sport Psychology Classification of skills. Use of SMART and goal setting

Knowledge Organiser:

<https://docs.google.com/presentation/d/1H8gNCRI7W49KvAxIeQxvj2NYDUVaYBou/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk

Module 5

Topic Title: Socio-cultural influences and wellbeing in physical activity and Sport Paper 2

Brief Summary of Content Studied: Guidance and feedback. Mental preparation for performance

Knowledge Organiser:

https://docs.google.com/presentation/d/1Hd1JxsZzAsl6ndNqdi1qtQsieNajuN4_/edit#slide=id.p1

Other resources and reading:

www.cpgbooks.co.uk

Module 6

Topic Title: Socio-cultural influences and wellbeing in physical activity and Sport Paper 2

Brief Summary of Content Studied: Socio-cultural influences

Knowledge Organiser:

<https://docs.google.com/presentation/d/1IRAaOOQJ287zuNhB8WcF6PQICtuAsRw6/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk