

GCSE Sport

Module 1

Topic Title: Applied anatomy and physiology Paper 1

Brief Summary of Content Studied:

Musculoskeletal System & Cardio-Respiratory System

Knowledge Organiser:

<https://docs.google.com/presentation/d/1GsGC9QSmtbQb4ECAoT4dlw27rQYItGU3/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk

www.aqa.com

Module 2

Topic Title: Applied anatomy and physiology Paper 1

Brief Summary of Content Studied:

Physical Training

Knowledge Organiser:

<https://docs.google.com/presentation/d/1HqDQyD-v-wTg1akCMMQWp-A9Eaby6RSa/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk

www.aqa.com

Module 3

Topic Title: Applied anatomy and physiology Paper 1

Brief Summary of Content Studied:

Energy use, diet, nutrition and hydration. Data Analysis

Knowledge Organiser:

https://docs.google.com/presentation/d/1HAFjhE-ixLH1Am_aDk0h_FvhKmNZxt9c/edit#slide=id.p1

Other resources and reading:

www.cpgbooks.co.uk

www.aqa.com

GCSE Sport

Module 4

Topic Title: Socio-cultural influences and well being in activity and sport. Paper 2

Brief Summary of Content Studied:

Sports Psychology - Classification, Goal Setting, SMART, Feedback

Knowledge Organisers:

<https://docs.google.com/presentation/d/1IRAaOOQJ287zuNhB8WcF6PQICtuAsRw6/edit#slide=id.p1>

<https://docs.google.com/presentation/d/1H8qNCRI7W49KvAxleQxvj2NYDUVaYBou/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk

www.aqa.com

Module 5

Topic Title: Socio-cultural influences and well being in activity and sport. Paper 2

Brief Summary of Content Studied:

Health, fitness and wellbeing

Knowledge Organiser:

<https://docs.google.com/presentation/d/1H8qNCRI7W49KvAxleQxvj2NYDUVaYBou/edit#slide=id.p1>

Other resources and reading:

www.cpgbooks.co.uk

www.aqa.com

Module 6

Topic Title: Exam Related Questions on Paper 1 & 2

Brief Summary of Content Studied:

Revision over topics and exam paper questions

Other resources and reading:

www.cpgbooks.co.uk

www.aqa.com