

Physical Education

Module 1

Topic Title: Skill Acquisition and Anatomy and physiology

Brief Summary of Content Studied:

Skill and ability Health and fitness

Knowledge Organiser:

https://docs.google.com/document/d/1C4TBjzMMxr_czP3lzWlsENrS06HxrT9fE-QJYaoSX4g/edit

Other resources and reading:

AQA P.E ..Book by Carl Atherton, Ross Howitt, and Sue Young

Module 2

Topic Title: Skill Acquisition and Anatomy and physiology

Brief Summary of Content Studied:

Theories of learning, memory and cardiovascular system

Knowledge Organiser:

https://docs.google.com/document/d/1C4TBjzMMxr_czP3lzWlsENrS06HxrT9fE-QJYaoSX4g/edit

Other resources and reading:

AQA P.E ..Book by Carl Atherton, Ross Howitt, and Sue Young

Module 3

Topic Title: Sports psychology and Anatomy and physiology

Brief Summary of Content Studied:

personality, attitudes , anxiety and aggression neuromuscular system

Knowledge Organiser:

https://docs.google.com/document/d/1C4TBjzMMxr_czP3lzWlsENrS06HxrT9fE-QJYaoSX4g/edit

Other resources and reading:

AQA P.E ..Book by Carl Atherton, Ross Howitt, and Sue Young

Physical Education

Module 4

Topic Title: Sports Psychology and Exercise physiology

Brief Summary of Content Studied:

Motivation , social facilitation and group dynamics and Energy systems

Knowledge Organiser:

https://docs.google.com/document/d/1C4TBjzMMxr_czP3IzWIsENrS06HxrT9fE-QJYaoSX4g/edit

Other resources and reading:

AQA P.E ..Book by Carl Atherton, Ross Howitt, and Sue Young

Module 5

Topic Title: Sport and society and Exercise physiology

Brief Summary of Content Studied:

History of sport and sociology of sport, equal opportunities , Neuro muscular system , respiratory system

Knowledge Organiser:

https://docs.google.com/document/d/1C4TBjzMMxr_czP3IzWIsENrS06HxrT9fE-QJYaoSX4g/edit

Other resources and reading:

AQA P.E ..Book by Carl Atherton, Ross Howitt, and Sue Young

Module 6

Topic Title: Sport and society and coursework Technology in sport

Brief Summary of Content Studied:

The role of Technology in sport, ethics in sport , violence in sport and drugs in sport

Knowledge Organiser:

https://docs.google.com/document/d/1C4TBjzMMxr_czP3IzWIsENrS06HxrT9fE-QJYaoSX4g/edit

Other resources and reading:

AQA P.E ..Book by Carl Atherton, Ross Howitt, and Sue Young