



STATIONERS' CROWN WOODS ACADEMY

Student Bulletin

Issue 1

11/01/2021

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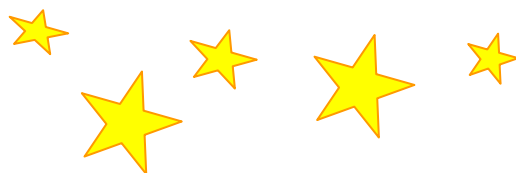
SCWA Student Bulletin



Welcome to the SCWA Student News Bulletin.

This newsletter will combine your weekly assembly, notices, showcase of amazing work so that you feel connected and part of our community whilst in lockdown! It will go out on your Google classroom every Friday from 15th January!

Notices:



Useful numbers and
helplines.

NSPCC
0808 800 5000
(24hrs)

National Domestic Abuse Helpline
0808 2000 247
(24hrs free)

Mind
0300 123 3393
(Mon-Fri 9-6)

Victim Support
0808 168 9111
(24hrs)

Cruse Bereavement
0800 808 1677
(Mon-Fri 9-5)

ChildLine
0800 1111
(24hrs)

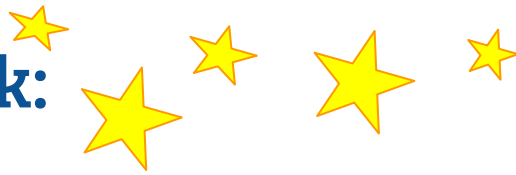
Action on Elder Abuse
0808 808 8141
(Mon-Fri 9-5)

Respect - Men's Advice Line
0808 801 0327
(Mon-Fri 9-5or8pm)

Samaritans
116 123
(24hrs free)

National Centre for Domestic Violence
0207 186 8270

Tutor Time This Week:



Monday 11.01.21 - Log onto your Tutor Group Google Classroom and Read the Online Safety Friday Fact Sheet posted last week (You will find this under 'Notices'.)

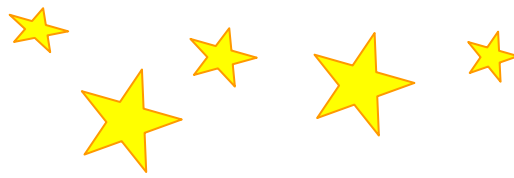
Tuesday 12.01.21 - Log onto your Tutor Group Google Classroom and complete the Literacy Task posted by Ms Root.

Wednesday 13.01.21 - Log onto your Tutor Group Google Classroom and complete the PSHE Baseline Assessment.

Thursday 14.01.21 - Log onto your Tutor Group Google Classroom and work through the posts under notices, making notes of anything that is relevant to you and completing any outstanding tasks.

Friday 15.01.21 - Log onto your Tutor Group Google Classroom to see your Tutor Live on a Google Meet with the rest of your tutor group for a Fun Catch Up!

Remote working schedule



1. Log in to Google Classroom at the start of the day.
<https://classroom.google.com/>
2. Most of your lessons will be 'Live'. To join the Google Meet, click on the Meet link in the colour box at the top of your classroom:

Class code 6gqvxcj 🗄

Meet link <https://meet.google.com/lookup/fvyb5cbotw> 🗄

Sometimes you will have a pre-recorder lesson and other times, independent work.

Read the instructions on the Google Classroom so you know what to do!

3. Make sure you hand in any outstanding work to your teacher.

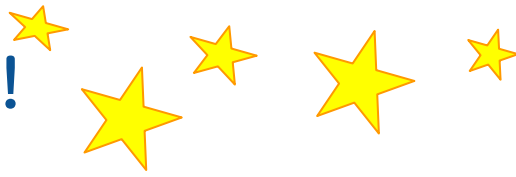
National Online Safety



With students and parents working online now more than ever, our Academy want to help you keep safe online!

1. Every Friday, we will be publishing on our website, Facebook, Twitter and via ParentMail, a helpful fact sheet called: 'Online Safety Friday Fact Sheet' for parents to let them know about how to keep students safe online. Please talk to each other about this.
2. We will post the relevant helpful factsheet to our students in their Tutor Group Google Classroom, under the NOTICES heading as 'Online Safety Friday Fact Sheet'. Please ensure you read this and take notice of how to keep safe online.

Reach for the Stars!

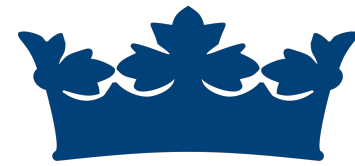
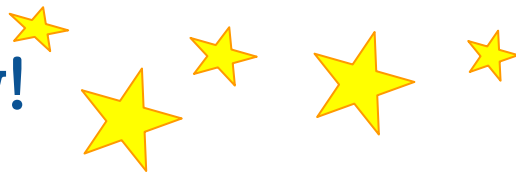


Every week, your teachers will post the very best work produced by their students whilst remote learning. The 'Reach for the Stars' section will feature teacher shout-outs to their students and fantastic independent academic work.

If you want to be featured, don't forget to send your entry to your class teacher or to Ms Gullan on:

yessica.gullan@scwa.org.uk

Try something new!



Every week, we want you to try something new, to do something FUN! Lockdown does not have to be boring, it takes more than that to make the SCWA Army feel down! The 'Try Something New' section will feature our students making the most of this time, because that's the SCWA way, when faced with uncertainty, we roll up our sleeves and make magic happen!

If you want to be featured, don't forget to send your entry to Ms Gullan on:

yessica.gullan@scwa.org.uk

Coronavirus Advice

PREVENTING THE SPREAD OF CORONAVIRUS - DOS AND DON'TS



DO		DON'T	
Wash your hands often with soap for at least 20 seconds		Do not touch your eyes, nose or mouth if your hands are not clean	
Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze		Do not have lots of visitors to your home, including friends and family	
Put used tissues in the bin immediately and wash your hands afterwards		Do not make trips that you do not think are necessary	
Only travel on public transport if you really need to		Do not share a bed, if possible, with someone who you think may have the virus	
Avoid social activities, such as going to pubs, restaurants, theatres and cinemas		Do not share towels with someone who you think may have the virus, including hand towels and tea towels	
Use phone and online services, or apps to contact your GP surgery or other NHS services unless it is an emergency			



Coronavirus Advice



Hand-washing technique with soap and water



Wet hands with water



Apply enough soap to cover all hand surfaces



Rub hands palm to palm



Rub back of each hand with palm of other hand with fingers interlaced



Rub palm to palm with fingers interlaced



Rub with back of fingers to opposing palms with fingers interlocked



Rub each thumb clasped in opposite hand using a rotational movement



Rub tips of fingers in opposite palm in a circular motion



Rub each wrist with opposite hand



Rinse hands with water



Use elbow to turn off tap



Dry thoroughly with a single-use towel



Hand washing should take 15-30 seconds

Coronavirus support for families



Although school is not fully open as usual we remain committed to supporting our students and families as much as possible. Alongside the information we provide to help learning take place at home we also want to provide practical and emotional support.

We will continue to update this bulletin on a weekly basis with links to a range of resources and answers to questions that we receive.

Mental health and wellbeing support:

www.youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/

This is a useful website with lots of information about how you can talk to your children about the coronavirus.

School support: (for students and parents/carers)

If you have any other questions or concerns and would like to talk to someone from school then please do get in touch. Students can email their tutors and the school office will remain open to receive phone calls and pass messages to relevant members of staff.

COVID-19 &

MENTAL HEALTH



If you have struggled to cope with your feelings during the pandemic, it is important to remember that you're not alone and there are so many people who want to listen to you and help you. Try reaching out to a parent, carer, teacher or friend to have an honest conversation about how you are feeling. There is always someone in your life who would want to know if you're having a difficult time.

If you don't feel comfortable talking to someone you know, there are organisations that exist specifically to help young people with their mental health and wellbeing. These organisations want to be there for you and can direct you to long-term help that will help you feel better.

COVID-19 &

MENTAL HEALTH

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FROM THE DIANA AWARD



The Diana Award Crisis Messenger

This service provides free, 24/7 crisis support across the UK. If you are a young person in crisis, you can text DA to 85258. Trained volunteers will listen to how you're feeling and help you think about the next step towards feeling better.

The Mix

The Mix have a telephone helpline to help you take on any challenge you're facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs. You can contact The Mix by calling 0808 808 4994 from 4pm to 11pm.

www.themix.org.uk/

COVID-19 &

MENTAL HEALTH



Childline

Childline offers a free and confidential telephone counselling service for any child with a problem. Their website also has lots of useful advice on topics like home, families, friends and relationships. You can contact Childline at any time by calling 0800 1111. www.childline.org.uk/

GP/ CYPMHS

You can visit your GP to talk about your mental health. Your GP might then refer you to the children and young people's mental health services for more help.